# Transitions Kids™

### TRANSITIONS KIDS TIMES

## Meeting Families as They Are, Where They Are

In December, we recognize these community partners: Angier United Methodist, Me Fine Foundation, Aubri Brown Club, Bella Angels, Live Like Bella, and Be the Rainbow.

### Integrative and Holistic

Winter Solstice YogaKids Lesson Plan

#### Welcome New Staff

#### Roxanne Baker, RN

I've been an RN for six years, specializing in oncology and rehab medicine. I was a hospice volunteer for a long time and an end of life doula. I also did MAID volunteer work in Seattle, WA. The end-of-life care is my passion because it teaches us so much about how to truly live well. Other things I like to do in my spare time include spending time in the woods learning as much as I can about the natural world, cooking elaborate meals, and spending time in the pottery studio.

### Accountability and Advancement

Join us for a future Patient & Family Advisory Committee virtual meeting.

What is PFAC? PFAC is a space for those who have worked with TK to collaborate with the organization to improve and develop practices and policies that are informed by patient/family perspectives. The goal of PFAC is to support TK in improving and evaluating their practices and policies by patient engagement, collaboration, and creative innovation. PFAC quarterly meetings are held virtually via Microsoft Teams Video and facilitated by Transitions Kids team members.

When: TBD

**Time:** 5:30–7:00 pm.

If you have any questions about PFAC, please contact Abby Yuan <a href="mailto:ayuan@transitionslifecare.org">ayuan@transitionslifecare.org</a> or Siena Buckley <a href="mailto:sbuckley@transitionslifecare.org">sbuckley@transitionslifecare.org</a>.

### Creative and Innovative

#### **TK Parent Facebook Group**

Looking for a way to connect with other TK parents and families? We have created a private Facebook group that invites families to connect with each other, support each other, and build a community. Please feel free to use this group in ways that feel supportive to you and your family! To become a member of this group, please use this <u>link</u> to submit your email address that is connected to your Facebook account. An invitation to join the group will be sent to your email.

#### Follow TK on Social Media

Post a picture of you, your child, or your family engaging in some silliness or play and tag Transitions Kids!







### Engagement and Collaboration

#### **Bereavement Groups**

KidsZone, S.O.S Teen Group

Please see our <u>Events Calendar</u> for registration and details.

### Wonder and Whimsy

Fun Holiday Activities for Medically Complex Children

Making the Holidays Special: Ideas for Families of Children with Special Needs

Holiday events

Hanukkah Menorah Lighting

Heart of the Holidays Celebrations

Kwanzaa Celebration