



GuidingLights  
HomeHealth  
PalliativeCare  
HospiceCare  
Kids  
GriefCare

To Our Patients and Family Members:

We know you may be concerned about the spread of COVID-19 and how it may impact your care and Transitions LifeCare. Ensuring our patients are cared for in a safe and healthy environment is our greatest concern. The Centers for Disease Control and Prevention (CDC) have recommended a variety of steps that we are implementing to reduce the potential for the virus to enter facilities, our Hospice Home, and private homes and we need your help in battling COVID-19. Below are some examples of how you can protect yourself and your loved ones from the spread of this virus.

Practice the 3 Ws when you leave the house, or when interacting with others who do not live in your home including Transitions LifeCare staff.

- Wear a mask over your nose and mouth (please wear your mask when Transitions LifeCare staff visits as well)
- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Wait 6 feet apart and avoid close contact.

If you have any symptoms of respiratory illness, such as cough, fever, sore throat, runny nose, and/or shortness of breath, please contact your primary care doctor's office immediately (we recommend making a phone call first to see if an in-person visit is necessary). Please notify your Transitions LifeCare staff if anyone in your household is having any of these symptoms prior to their visit.

Transitions LifeCare is following the recommendations of the CDC on prevention, following strict handwashing procedures, universally wearing masks, eye protection and gloves for all visits, and additional protective equipment when caring for sick patients. Our staff undergo daily screening for symptoms and have access to testing when needed. We also are staying up to date with the CDC recommendations as well as local and state health department guidance.

Should you have any concerns, please ask anyone on your care team and we will do our best to answer your questions and provide you with necessary accommodations. Your safety and the safety of your family, as well as the safety of our staff, is of utmost importance.

Sincerely,

*L. Patel*

Laura Patel, MD, FAAHPM  
Chief Medical Officer

