



Founded as Hospice of Wake County • 1979

Moments

BRINGING YOU TO THE HEART OF OUR CIRCLE OF CARE

Even in the LARGEST of families, there's room for hospice.

Because Transitions LifeCare made it possible, Frances Ashworth Senter passed away peacefully in her sleep at her home. That meant a great deal to her family, especially to her brothers, Ralph and W. D. "Skinny" Ashworth. The Ashworths, you see, cherish home, family and community — and Frances dedicated herself to all three. She co-chaired the Fuquay-Varina Centennial Commission, earned the Anthemion Award for Historic Preservation, and was named Fuquay-Varina Citizen of the Year.



The Ashworth Family: Skinny, Daphne & Ralph

Frances, the fourth of nine children, was born to an active, engaged family. Her parents opened Ashworth's Clothing in Fuquay in 1937; Ralph and his wife Daphne, new UNC graduates, founded Ashworth Drugs in Cary in 1957. Both businesses are mainstays in their towns.

Until his sister fell ill, Skinny reports that he didn't pay much attention to hospice. "But when we called, I was immediately impressed. Always, they were sincere in their care. She was able to stay home, and that was the point."

Ralph, through his pharmacy, has served hospice patients for many years. "The care they give at Transitions LifeCare is impeccable. When they established the hospice home, I was very interested in helping. And it's a great place to make a contribution, particularly now with their expansion," Ralph continues. "With ten new rooms, they'll serve more people. So naturally, they'll need more funds."

Freeing families from fear.

Ralph beautifully sums up what hospice means: "Everybody at some time is going to have a dark period in their life. When it comes, it is a frightening thing. People don't know where to go and what they should do. Hospice takes care of all these fears, doing everything that has to be done. It gives the family such relief."

Transitions LifeCare receives \$125,000 grant from The Duke Endowment

Transitions LifeCare has received a \$125,000 grant from The Duke Endowment to establish a pediatric telehealth program.

The Duke Endowment grant will be used to implement pediatric telehealth services for Transitions Kids, a home-based hospice and palliative care program of Transitions LifeCare that supports the unique needs of children birth through age 18 who have a life-limiting illness. Through telehealth, Transitions Kids staff will be able to provide "face-to-face" triage of after-hours needs, conduct family meetings that include providers from collaborating organizations or hospitals, and more quickly respond to the needs of children who live a great distance from the Transitions LifeCare campus.

CEO John Thoma acknowledges, "Today's families have unique needs, especially when faced with the challenge

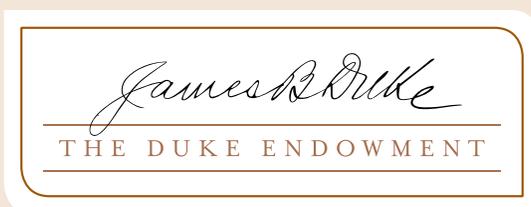
of caring for a child with life threatening illness. Supplying parents with an efficient, immediate means for contact

with clinicians will relieve anxiety and burdens during a very stressful time."

"Transitions LifeCare is grateful to receive this prestigious grant from The Duke Endowment. **The grant will enable us to use innovative technology to provide an additional layer of support to our pediatric patients and their families.** We are honored to partner with The Duke Endowment on this exciting pilot program, and look forward to this next phase in our innovative patient care," says Vice President of Philanthropy Kristye Brackett, CFP®.

"By augmenting care with telehealth technology, this program aims to reduce the burden of travel and help more families receive high quality services," notes Stacy Warren, a health care program officer at the Endowment. "Supporting effective efforts that improve access to care is an important focus of our work at the Endowment."

Based in Charlotte and established in 1924 by industrialist and philanthropist James B. Duke, The Duke Endowment is a private foundation that strengthens communities in North Carolina and South Carolina by nurturing children, promoting health, educating minds and enriching spirits. Since its founding, it has distributed more than \$3.4 billion in grants. The Endowment shares a name with Duke University and Duke Energy, but all are separate organizations.



Our Hospice Home Expansion is Now Complete

We are proud and pleased to announce that the William M. Dunlap Center for Caring (our Hospice Home) now has ten additional private rooms (added to our existing 20 beds), allowing us to serve 400 additional patients per year. It includes a host of new features.

Some examples:

- Several of the new rooms are designed for specific populations. These include bariatric rooms with special lifts and rooms for patients with Alzheimer's or dementia.
- All of the rooms can be converted to a children's room for pediatric patients. "The room is decorated specifically for the child and their age," says John Thoma, Transitions LifeCare's CEO, "to help children feel more relaxed and comfortable."
- All of the new rooms are equipped to meet the high acuity needs of our patients. Intensive care equipment is readily available, and tucked away in cabinets, out of sight, which eliminates the feel of a standard hospital room.
- A unique upgrade feature to the entire building is that we have applied to be a Certified National Fire Protection Association Tier 1 Facility. This means that the stability of our suction and oxygen systems is hospital

grade John reports, "This is a standard of excellence for in-patient hospice care that — to our knowledge — is unparalleled in the state."

High-tech added to high-touch

We added technology to rooms for patients with cognitive impairments that provides limited access.

Special wireless internet access for the clinical staff for access anywhere in the facility, and separate wireless access for use by families.

We added a new pharmacy-dispensing machine that helps ensure accuracy in dosage and timing.

We now provide nurses with special hand-held wireless phones that also allow immediate communication with patients through an intercom system within the phones. The phones also work as two-way intercoms between each nurse and the nurse station — as John explains, "The new system dramatically reduces disruptive overhead paging."

Other upgrades to the entire facility: A nurse locator system – to track staff and equipment movements within the facility, as well as upgrades to the building's security system.



The Power of 10 Campaign Tri-Chairs: Thad Woodard, Dr. Billy Dunlap and Brenda Gibson

Many thanks to many folks

The Hospice Home expansion came about through our \$6 million capital campaign. Special thanks to our **Power of 10 Campaign Tri-chairs Dr. Billy Dunlap, Brenda Gibson and Thad Woodard**, along with the wonderful and dedicated Campaign Cabinet volunteers. To them we express our deep appreciation.

But our deepest appreciation goes to all of you who supported the campaign with your generous contributions. You have made a profound difference to people who can now live their final days with meaning and dignity, and to their families who find comfort and solace through Transitions LifeCare.

Thank you.

Monthly Giving!

"I used to donate yearly, but it became easier for me to make a monthly gift. It is important for me to give back because of the care my father received from Transitions LifeCare."

NORMAN'S DAUGHTER, LINDA

You can make monthly gifts through your credit card, debit card or electronic funds transfer from your checking account. **For more information, please contact: Chase Inman, Philanthropy Associate 919-719-6754 or cinman@transitionslifecare.org**

You may also give online at www.transitionslifecare.org

Summer Salute Success

North State Bank's 2017 Summer Salute event **raised \$150,000** for Transitions LifeCare, an all-time high! Now in its 14th year, the event has raised more than \$1.5 million for local hospice care. At the check presentation, Larry Barbour, President of North State Bank, spoke of **the dignity and comfort that Transitions LifeCare provides** and of the importance of **sustaining and broadening that impact for years to come.** "We are extremely grateful for the support and encouragement from our friends at North State Bank," said John Thoma, CEO of Transitions LifeCare. "The proceeds from this year's event will be used to **ensure that all who need hospice services receive quality care regardless of ability to pay.**"



L to R: Kristye Brackett, VP of Philanthropy, Transitions LifeCare; Larry Barbour; John Thoma; Jim Branch, North State Bank Board; Sandra Temple, Summer Salute Chair; and Dr. Billy Dunlap, Co-Founder, Transitions LifeCare.

Transitions LifeCare

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How you can help

Gifts of any amount are appreciated.

Give online at transitionslifecare.org/donate

Mail to: Transitions LifeCare
250 Hospice Circle, Raleigh, NC 27607

Here is my tax-deductible gift of: \$ _____

I enclose my check, payable to Transitions LifeCare. Please charge my credit card: Amex Visa MasterCard Discover

I would like to make a recurring gift of \$ _____ each month, starting ____/____. *Please charge my credit card.*

Ms. Mr. Dr. Mr. and Mrs. Mrs.

Name

Address

City

State

Zip

Card number

Signature

Exp. date

Security code

I would like information about including Transitions LifeCare in my will or estate plans.