

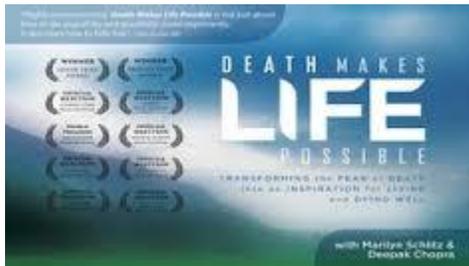
# Volunteer News

August 2017



## CONNECTIONS

**Thursday, Aug 10** 12:00 pm – 2:00 pm  
**Tuesday, Sept 12** 6:00 pm- 8:00 pm



### Documentary Film: **Death Makes Life Possible**

Death is something that most people fear and don't want to think about. But is it possible that facing our mortality can inspire us to live our lives more fully?

**Death Makes Life Possible** follows cultural anthropologist and scientist Marilyn Schlitz, Ph.D., as she explores the mysteries of life and death from a variety of perspectives and world traditions. Sparked by her own near-death experience as a teenager, Schlitz has been delving into the nature of consciousness and death for the past three decades.

The film looks at how popular culture deals with the ever-present fear many have about our own mortality. Interviews with mental health experts, cultural leaders, and scientists explore the meaning of death and how we can learn to live without fear. The interviews and evidence presented are interwoven with personal stories of people facing their own death as well as those who report encounters beyond death. The narrative is illustrated with vivid imagery.

View the trailer here: <https://youtu.be/-7S9n3nAAF4>

You can register for these events by phone at (919) 719-6768; by email at [vol1@transitionslifecare.org](mailto:vol1@transitionslifecare.org); or via the 'Volunteer Central' page on our website: <http://transitionslifecare.org/volcentral>

## Continuing Education

To receive (.50 CE) education credit for the August Newsletter, please read the TRIBUTE article entitled:

### Communication Challenges for Volunteers

What you will learn:

- Importance of effective communication
- Tips when encountering difficult patients
- What "conspiracy of silence" means

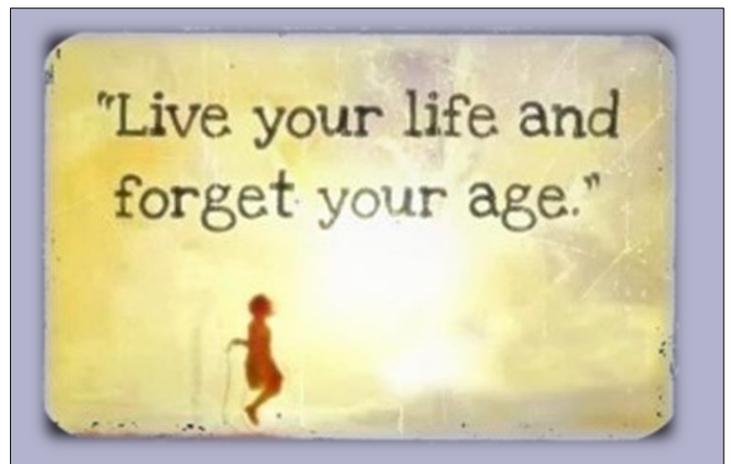
*Additional credit can be earned by reading and submitting forms for the following articles:*

(.50 CE) [We Plan for Death Poorly in the U.S.](#)

(.50 CE) [New Research Says We Shouldn't Be So Afraid of Death](#)

Click to go to [Volunteer Central](#)  
For CEU forms, articles, etc....

*Got an article, great book or movie you'd like to recommend for continuing education hours? Contact Team Leader Lori Mayhue-Brown at [lbrown@transitionslifecare.org](mailto:lbrown@transitionslifecare.org)*



Volunteer  
Drivers  
are Key



Give  
A Lift!

Many of our patients often need to get out of the house to run a few errands or just to enjoy a ride in the car. Helping our ambulatory patients with transportation is a valuable service we are pleased to offer them.

Volunteers can provide patient/caregiver transportation for a variety of needs, including medical appointments, shopping, attending church services or social activities.

To qualify as a transportation volunteer, a volunteer must have:

- current Family Support Volunteer (FSV) status
- a current driver's license
- current automobile insurance and
- a signed Transportation Volunteer job description on file

If you would like to serve as a **TRANSPORTATION VOLUNTEER** and are not currently doing so, please contact us by phone at (919) 719-6768; by email at [vol1@transitionslifecare.org](mailto:vol1@transitionslifecare.org). This is a very valuable service that we provide for our families and patients.



Words of kindness make all the difference...

## Transitions GriefCare

Each month we send out Care Notes to our grieving families. We rely on volunteers to help prepare these mailings. This group activity involves sorting papers, stuffing envelopes, etc. Interested volunteers can contact Annie McCall Grief Center Administrative Assistant, via email at [amccall@transitionslifecare.org](mailto:amccall@transitionslifecare.org) or by phone 919-719-7199.

**Time:** This is an ongoing activity for 2-3 hours, once a month (usually the 2nd Monday of the month at 9 am) and as needed for special mailings.

**Dates:** Second Monday of each month.

Please join us for the next mailing on  
Monday, August 14 at 9 am!

# Volunteer Heroes

## Department Directory

### Main Campus-

**Lori Mayhue-Brown**, Volunteer Services Team Leader

X6845

[lbrown@transitionslifecare.org](mailto:lbrown@transitionslifecare.org)

**Ashley Kennedy**, Volunteer Coordinator

X6830 [akennedy@transitionslifecare.org](mailto:akennedy@transitionslifecare.org)

**Lisa Alexander**, Hospice Home Volunteer Coordinator

X6905 [laalexander@transitionslifecare.org](mailto:laalexander@transitionslifecare.org)

**Jiha Ahmed**

X 6905 [jahmed@transitionslifecare.org](mailto:jahmed@transitionslifecare.org)

**Wendy Tomblin**, Volunteer Recruiter and Retention Coordinator

X6846

[wtomblin@transitionslifecare.org](mailto:wtomblin@transitionslifecare.org)

**Jennifer Pippin**, Volunteer Team Assistant

x6761

[jpippen@transitionslifecare.org](mailto:jpippen@transitionslifecare.org)

### Apex Office:

**Nancy Midgett**, Volunteer Coordinator  
919-828-0890, ask to be transferred to Nancy.

[nmdigett@transitionslifecare.org](mailto:nmdigett@transitionslifecare.org)

### Angier Office:

**Anne Hamrick**, Volunteer Coordinator  
919-828-0890, ask to be transferred to Anne.

[ahamrick@transitionslifecare.org](mailto:ahamrick@transitionslifecare.org)

### Youngsville Office:

**Ginny Rowe**, Volunteer Coordinator  
919-828-0890, ask to be transferred to Ginny.

[growe@transitionslifecare.org](mailto:growe@transitionslifecare.org)



In memory of her friend Stephen L. who passed at our hospice home, Family Support Volunteer Debbie reached out to her women's group at First United Methodist in Fuquay Varina. They donated snack foods to stock the pantry at the Hospice Home for families to utilize when necessary.



A very special thank you to Family Support Volunteer Shana Zambone who purchased materials and donated her special talents to organize the art supply closet for the children's Greif Center. The closet has never looked so great!